

Meeting

Patient Group Meeting 10am

Friday 24th July 2026 at Creffield Medical Centre

PRESENT: Tracey Rowles – chair

Note taker: - Tracey Rowles	
Yas Braddon	Sarah Orr
Malcolm Rodwell,	Steve Garrett
Linda Clifton	Judith Lavender
Brenda Scragg	Dr Farah Ozair

Apologies: - Ann Roughan, Alan Licence, Helen Mockford, Roger Buston.

Thank you to Dr Farah Ozair GP Partner working at Turner Road Surgery who joined the meeting today.

Minutes & Matters arising: - Minutes from previous meeting were agreed. Matters arising from the previous meeting; Representatives from Active Essex and Changing Lives came to our Training afternoon in June to talk about how they plan to use the gym, they are still working on a referral pathway which I hope will be up and running soon. JL asked about the new GP Contract and how it is working for us. It has been working well with patients being dealt with during their first contact and not being asked to call back the next day. The forms are completed requesting to be seen, once this is triaged the patient is called back with an appropriate appointment. The form is open all day from 7.30am to 6.30pm, Monday is the busiest day when we receive on average 500 forms. JL asked about RSV – Dr FO explained that it was a respiratory virus and the vaccine is now available for those over 80 years and pregnant ladies are offered the vaccine to protect their babies from RSV.

Chair Updates:- No updates. Ann sent her apologies for not attending today.

Surgery Update: - The new reception staff are doing very well. I have 2 ladies on maternity leave, Nicole our pharmacy technician had a baby girl in June and Amy our finance administrator has her baby due in August. GP Registrars Dr Emran and Dr Garcia will be finishing their placement with us in August. Dr Gannaway has also finished her placement at West Bergholt. The Creffield Medical Group will welcome 4 new registrars in August - 2 will work at Creffield and 2 will be at West Bergholt for their one-year placement. Dr Sagar Patel will be staying on after his placement finishes in September, he will be working as full time salaried GP. Please be aware if you go to the hospital, information added to 'My Chart,' cannot be seen by your GP Surgery, the information/letter will come to us but not immediately. I have been asked to share with you that NHS Essex does not currently input GP data into its local use of the NHS Federated Data Platform, if patients have question about the platform, please contact NHS England for the most up to date information. Artificial Intelligence (AI) was discussed with Dr FO, who mentioned that she uses it sometimes for consultations. The Doctor can give the patient their attention whilst the computer is recording and typing the consultation for them. The Doctor will make you aware if they are using AI and they will check the consultation notes before saving them to your record. Some GPs do not use it at all as they don't like it, so it is not our standard practise to use it.

GP Survey Results:- The annual GP Patient Survey results were published this month. Creffield Medical Group were 10th out of 16 and achieved 74% of patients rating the surgery as good, this is 1% higher than the national average. Similar to 2025 this was based on 363 surveys sent out and 110 responses out of 27,000 patients. Click on the link for our results:- [GP Patient Survey](#)

West Bergholt and Nayland Surgery Update: - No updates for Nayland or West Bergholt Surgeries this time.

Covid/Flu Vaccines : The Spring COVID-19 vaccine season ended on 30th June 2026 except for those patients Aged 6 months to 74 years that have a weakened immune system because of a health condition or treatment, they will be eligible to have the vaccine all year round. The Autumn COVID-19 vaccines will start on 1st October. Speak to your local pharmacy to find out if you are eligible. COVID vaccines can be booked online or via the NHS App. Adult Flu vaccine clinics will be held on the following dates:- 1st October – Nayland, 7th October – West Bergholt, 8th October – Creffield. Those eligible should receive a text message in the coming weeks with a link to book an appointment for their flu vaccine.

Dementia Café/Coffee Morning: The Dementia Café is still experiencing a decline in numbers compared to the Friendship Café which has more attendees. Yas and Val are going to contact patients and charity organisations involved in Dementia care to ask if they can attend the café. The PPG Members attending today thought it would be a good idea to merge the 2 cafes and hold the event once a month on the 3rd Thursday of the month. With everybody's agreement this would start from January 2027.

Coach Trip: The annual coach trip with Kings Coaches on Friday 14th August is fully booked. The coach will be going to Stonham Barns and Felixstowe. There is a waiting list if you haven't managed to secure a place, in case there are last minute cancellations. Please speak to Yas.

Any Other Business: -

1. LC – Asked about access to your medical records and how it works. Patients should have access from October 2023. If you require records further back than this date, you will need to complete a form requesting this, access may take a few weeks to be granted.
2. TR – Thanked all the PPG for their continued support.

Date of Next Meeting: - Friday 30th October 2026 at 10am at Creffield Medical Centre.

CMC Team One	CMC Team Two
Dr Tara Dukupati (F)	Dr Kilian Hochstein (M)
Dr Qurat Rizvi (F)	Dr Hasan Chowhan (M)
Dr Gill Binns (F)	Dr Claire Cooper (F)
Dr Mohammad Al-Dahhan (M)	Dr Faye Kennedy (F)
Dr Tanmoyee Chowdhury (F)	Dr Gul Junejo (F)
West Bergholt Team	Nayland Team
Dr Andrew Kuma (M)	Dr Ajula Gunasekera (M)
Dr Etienne Crevel (M)	Dr Maria Lubeiro (F)
Dr Chris Whitlow (F)	
Dr Mamatha Sarthi (F)	
Dr Mo Nkanor (F)	
Dr Alice Parr (F) Dr Ana Bhaskar (F)	

GP Registrars –based at CMC	GP Registrar – based at West Bergholt
Dr Yasmin Meakin (F)	
Dr Sagar Patel (M)	
Dr Farideh Jamal (F)	