

Meeting

Patient Group Meeting 10am

Friday 24th April 2026 at Creffield Medical Centre

PRESENT: Tracey Rowles – chair

Note taker: - Tracey Rowles	
Yas Braddon	Sarah Orr
Malcolm Rodwell,	Steve Garrett
Linda Clifton	Roger Buston (via Teams)

Apologies: - Ann Roughan, Judith Lavender, Alan Licence, Helen Mockford, Steve Garrett, Brenda Scragg & Margaret Jones.

Roger attended on Teams but unfortunately, we had some technical problems with the sound.

We received sad news that David Low one of our former PPG Members had passed away peacefully at home, David was a very helpful and proactive PPG member in the past and will be sadly missed by the surgery.

Minutes & Matters arising: - Minutes from previous meeting were agreed. Matters arising from the previous meeting; Lancer House were unable to accommodate us for Dementia Café/Coffee Mornings. Non-Urgent Transport requests from patients, reception are aware of the phone number and the information is on our website. Not much to update with the gym at Creffield Medical Centre, we are waiting for Active Essex and Changing Lives who are putting a referral pathway together for us and looking to see if they can provide training to Care Coordinators/Social Prescribers in Strength and Balance, they are also bidding for funding for us to be able to do 6 week gym programmes for patients that are identified via a referral process.

Chair Updates:- No updates. Ann sent her apologies for not attending today.

Surgery Update: - There have been some changes in the new GP Contract for 26/27 which is still being contested by the BMA. The practice must not ask patients to call back or make contact on another day and we are not able to turn off the online consultation form during core hours. This is proving difficult to manage, with online forms increasing and phone calls also increasing with patients asking what is happening with their form. GP Partners triage the forms each day along with two digital co-ordinators who signpost patients appropriately to other services. With this increase in demand, we have recruited four more part-time reception staff to help with the phone calls and online messaging to and from patients. The surgery has also employed a new GP; Dr Gul Junejo who replaced Dr Gowrie Devaraja who recently retired. The RSV (Respiratory Syncytial Virus) vaccination programme has been expanded to include patients over 80 years, in addition, all residents in care homes for older adults will be eligible, regardless of their age, due to their increased risk from RSV. The vaccine has been very successful with babies not getting the virus when their mothers are vaccinated whilst pregnant. GP Primary Choice Ltd (GPPC) will be inviting patients from our practice aged 55 to 74 years who smoke or used to smoke to take part in a 10-minute phone call, if they are at high risk for lung cancer they will be referred for a CT scan.

West Bergholt and Nayland Surgery Update: - No updates for Nayland Surgery. West Bergholt team would like to thank all their patients for their understanding when they recently had a leak and work had to be done in the surgery, causing the closure of this branch, during this time patients attended other sites for appointments.

Covid Vaccine : You can get a COVID-19 vaccine this spring if you: are aged 75 or over (including those who will be 75 by 30th June 2026). Aged 6 months to 74 years and have a weakened immune system because of a health condition or treatment. Speak to your local pharmacy to find out if you are eligible. COVID vaccines can be booked online or via the NHS App.

Dementia Café/Coffee Morning: The Dementia Café is still experiencing a decline in numbers compared to the Friendship Café which has more attendees. Yas and Val are going to contact patients and charity organisations involved in Dementia care to ask if they can attend the café. Wiltshire Foods will be attending in the future, with food samples and a lady has been booked to talk about care of feet.

Coach Trip: The annual coach trip with Kings Coaches has been changed to Friday 14th August, some professional posters have been printed to advertise the trip. The coach will be going to Stonham Barns and Felixstowe. The cost is £15 - £5 deposit will secure your place, full payment required by 24th July.

Any Other Business: -

1. TR – Asked if the group today are happy with PPG meetings and if there was anything they would like added or addressed at the meetings – it was suggested a GP could attend if they are available.
2. SO – Q - would the practice consider using AI for reception work as suggested in the media?
A - there are no current plans for us to replace any staff with AI.
3. TR – Thanked all the PPG for their continued support.

Date of Next Meeting: - Friday 24th July 2026 at 10am at Creffield Medical Centre.

CMC Team One	CMC Team Two
Dr Tara Dukkupati (F)	Dr Kilian Hochstein (M)
Dr Qurat Rizvi (F)	Dr Hasan Chowhan (M)
Dr Gill Binns (F)	Dr Claire Cooper (F)
Dr Mohammad Al-Dahhan (M)	Dr Faye Kennedy (F)
Dr Tanmoyee Chowdhury (F)	Dr Gul Junejo (F)
West Bergholt Team	Nayland Team
Dr Andrew Kuma (M)	Dr Ajula Gunasekera (M)
Dr Etienne Crevel (M)	Dr Maria Lubeiro (F)
Dr Chris Whitlow (F)	
Dr Mamatha Sarthi (F)	
Dr Mo Nkanor (F)	
Dr Alice Parr (F) Dr Ana Bhaskar (F)	
GP Registrars –based at CMC	GP Registrar – based at West Bergholt
Dr Rebeca Escorihuela (F)	
Dr Yasmin Meakin (F)	Dr Rachel Gannaway (F)
Dr Ayeda Emran (F)	
Dr Farideh Jamal (F)	
Dr Sagar Patel (M)	