

Meeting

Patient Group Meeting 10am

Friday 9th January 2026 at Creffield Medical Centre

PRESENT: Tracey Rowles – chair

Note taker: - Tracey Rowles	
Yas Braddon	Sarah Orr
Malcolm Rodwell,	Brenda Scragg
Linda Clifton	Roger Buston (via Teams)

Apologies: - Ann Roughan, Judith Lavender, Alan Licence, Helen Mockford, Steve Garrett, Ron & Barbara May. Bill Frame sent his apologies and due to a change in circumstances will no longer be attending the meetings, I would like to thank Bill for his help in the past and wish him all the best for the future.

Minutes & Matters arising: - Minutes from previous meeting were agreed.

Chair Updates:- Ann sent her apologies for not attending today, due to her bad back. Brenda and Malcom had attended the Highwoods Hub meeting in December, they did not find it helpful for Creffield as it was mainly a signposting meeting for residents of that area. TR reminded the group that the PPG Network meeting organised by SNEEICB (Suffolk, North East Essex Integrated Care Board) is on Teams on Thursday 20th February at 10.30am.

Surgery Update: - The Gym; Rebecca our Business Manager has a meeting next week with Changing Lives and Sports for Confidence about the possibility of hiring our gym for their clients, we are waiting for quotes to put a 'roof' over the gym so people cannot look in whilst in the upstairs waiting room. I will keep you updated of any further developments. Dr Yogeswaran completed her GP Registrar Placement with us in November 2025. New recruits; full time clinical coder, full time finance assistant and two part-time receptionists. The surgery is still receiving positive feedback from patients regarding Total Triage. Those at the meeting had not used the service lately so were unable to comment, we have had fewer complaints from patients regarding access to appointments, which is very good news. The surgery has been asked to increase its referrals to the 'Weight Management Service,' all attending today would not be offended if offered this by a clinician, however one member of the group had been referred and was not impressed by the service. After an initial phone call in November, they will receive another phone call in March, no weight management advice was given for the interim.

West Bergholt and Nayland Surgery Update: - No updates.

Covid/Flu Vaccine Update: Covid Vaccines will be offered by pharmacies in the Spring of 2026. The surgery administered around 3000 flu vaccines to our patients. There will be a discussion soon to see if it is financially viable for us to offer flu vaccines next winter, as many patients choose to use the pharmacy, there is a danger it will cost us money if we order too many vaccines that we do not use.

Dementia Café/Coffee Morning: The Dementia Café and Coffee Mornings have had a decline in numbers since moving to Shrub End Social Club. RB suggested contacting Lancer House to ask if they would be able to accommodate the group and hold events in their communal area. Other suggestions

for venues nearer to the surgery were the old Garrison Swimming Pool which is now a church or the Roman Circus building. BS & MR asked if Val (care co-ordinator) would be able to attend the Dementia Café, they are looking for ideas for quizzes and specific games for Dementia patients as we did in the past at Creffield. Val is contacting our Dementia patients to try and increase the numbers of those attending. TR will give Val BS & MR phone numbers to liaise with each other.

Coach Trip: The annual coach trip with Kings Coaches will take place on Friday 19th June, the coach is provisionally booked with the destination to be decided. Suggestions today for the coach trip; Southwold, Felixstowe, Leigh-on-Sea, Stonham Barns. We can decide nearer the time.

Any Other Business: -

1. RB – Asked if TR could differentiate the subject in e mails between CMG – PPG and SNEE – PPG.
2. RB – Asked how patient can book hospital transport – there is a phone number for patients to call to arrange this, not the surgery. TR will check reception are all aware and the phone number is on the website.
3. RB – Good feedback for Ansar our Musculoskeletal Specialist. As Teams works very well for PPG meetings would Dr's consider using it for consultations? Gym for the roof could be solved by screens.
4. LC – Asked if GP's complete forms regarding mental capacity for Wills – this is no longer completed by GP's a solicitor or private Dr would be able to help.
5. TR – Thanked all the PPG for their continued support.

Date of Next Meeting: - Friday 17th April 2026 at 10am at Creffield Medical Centre.

CMC Team One	CMC Team Two
Dr Tara Dukkupati (F)	Dr Kilian Hochstein (M)
Dr Qurat Rizvi (F)	Dr Hasan Chowhan (M)
Dr Gill Binns (F)	Dr Claire Cooper (F)
Dr Mohammad Al-Dahhan (M)	Dr Faye Kennedy (F)
Dr Tanmoyee Chowdhury (F)	Dr Gowrie Devaraja (F)
West Bergholt Team	Nayland Team
Dr Andrew Kuma (M)	Dr Ajula Gunasekera (M)
Dr Etienne Crevel (M)	Dr Maria Lubeiro (F)
Dr Chris Whitlow (F)	
Dr Mamatha Sarthi (F)	
Dr Mo Nkanor (F)	
Dr Alice Parr (F) Dr Ana Bhaskar (F)	
GP Registrars –based at CMC	GP Registrar – based at West Bergholt
Dr Rebeca Escorihuela (F)	
Dr Yasmin Meakin (F)	Dr Rachel Gannaway (F)
Dr Ayeda Emran (F)	
Dr Farideh Jamal (F)	
Dr Sagar Patel (M)	